# **Additional Services**

The Department of Social Work also provides a wide variety of individual, marital, and family counseling services appropriate to the specific needs of our clientele.

Services are available to all active duty soldiers, retirees, and immediate family members. However, in some cases, clients may need to be referred to civilian providers through the TRICARE health system.

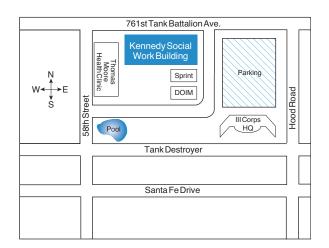
Clients may be self-referred, command-referred or medically-referred by any professional within the health care system.

# Hours of Operation

Monday - Friday 7:30 a.m. - 4:30 p.m.

# After Duty Hours

The Department of Social Work provides Emergency services from 4:30 p.m. to 7:30 a.m. daily, including weekends and holidays. Contact the on-call social worker through the Department of Emergency Medicine (ER) at Darnall Army Community Hospital. Social Work is located in the Kennedy Social Work Building, #2255, 52nd Street and 761st Tank Battalion Ave. (across from III Corps).



# **Helpful Phone Numbers**

Army Community Service 287-3726
Behavioral Health Activity 287-5131
Darnall Emergency Room 288-8113
Darnall Information Desk 288-8000
Dept. of Social Work 288-6474
Family Violence Hotline 287-CARE
Fort Hood Chaplains 287-CHAP
Legal Assistance
Military Police
New Parent Support

# Child Abuse and Neglect Texas Child Protective Services

24 Hour Hotline . . . . . . . . . . 1-800-252-5400

# Spouse Abuse

Families in Crisis	634-8309
24 Hour Hotline.	1-888-799-7233

### **Local Police Departments**

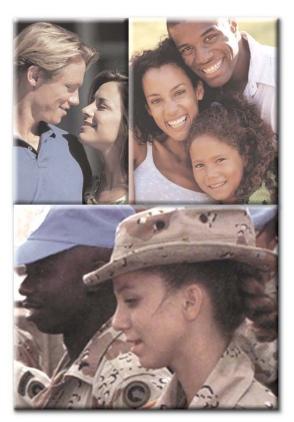
Killeen Police
Copperas Cove
Harker Heights 699-7600
Belton
Temple
Lampasas(512) 556-6235



Public Affairs Office
Darnall Army Community Hospita
Fort Hood, Texas 76544-4752
www.hood-meddac.army.mil

FH MDA HO 224

# **Social Work**





www.hood-meddac.armv.mi

# **Social Work Services**

#### Why the Department of Social Work?

The Department of Social Work's primary mission is to help strengthen the military family. To accomplish this, our staff members offer a variety of counseling and referral services designed to assist individuals and families by:

- Building stronger marital relationships
- Strengthening parent-child relationships
- Preventing and stopping spouse abuse
- Preventing and stopping child abuse and neglect
- Providing treatment for individuals and families involved in domestic violence
- Helping families cope with the stressors of everyday life
- Helping families cope with illness, disability and/or hospitalization

# The Department of Social Work and the Military Readiness Mission

Commanders often need assistance in obtaining help for troubled soldiers. In most cases, this also includes helping the family members. Helping the whole family allows soldiers to focus on their military duties.

The Department of Social Work can assist unit commanders by providing guidance and assistance to ensure mission readiness.

Additionally, the Department of Social Work actively participates in the NCOPD/OPD program by providing unit-level training on the Family Advocacy Program and other available services.

# **Family Advocacy Program**

The Department of Social Work offers a wide variety of educational, therapy and support groups to assist clients. These groups include the following:

# • Stop Anger & Violence from Escalating (S.A.V.E.)

This class provides participants with strategies for domestic violence prevention. Several skills are reviewed that help couples evaluate their own risk level and inform them of alternatives.

#### Conflict Resolution

Participants are introduced to skills that help them resolve conflicts without resorting to violence. Techniques for building effective communication are taught and practiced.

# Men's Group

The men's group is designed to explore alternatives means of expressing anger. It addresses issues of power and control in relationships.

#### Women's Group

The focus of this group is to help women understand their anger and its impact on self-esteem, decision making, overt behaviors and other areas of their lives.

# Support Groups

There are various support groups designed to address the needs of victims of spousal abuse. The emphasis is on teaching victims the strategies and skills to protect them from further abuse.

#### Children's Support Group

This group is for children ages 7-12 who have witnessed domestic violence.

# • Therapeutic Parenting Program (TPP)

TPP teaches the participants a variety of parenting skills including parental discipline techniques, child development, communication skills and combined anger/stress management.

#### Parent Awareness Education (PAE)

Effective parenting methods are taught in this class. Legal aspects of child abuse and neglect are discussed in the context of appropriate disciplinary techniques.

• Time frames for all groups will vary •